



**Teleos**  
Leadership Institute

DATE: March 26 & 27, 2020

LOCATION: Teleos Leadership Institute  
7837 Old York Road, Elkins Park, PA 19027

TIME: 9am - 5pm

PROGRAM COST: \$350

## Awareness Workshop for Coaches

We are delighted to announce our new, **Awareness Workshop for Coaches**, designed for coaches seeking support for their on-going personal and professional development.

This workshop is a great opportunity for those looking to transcend their practice, by moving beyond coaching from the head and into the space of coaching from the heart and body. This unique skill provides a more powerful, transformational coaching experience and heightens impact with clients by using AWARENESS of all sensory input available to you as a coach – physical sensation, emotions and cognitive processes – that will enable you to experience real breakthroughs with clients in your practice.

### WORKSHOP FOCUS AREAS:

- **Awareness of client** - Utilizing your attunement to sensory data from the client to direct your sessions and inquiry.
- **Awareness of self** - Enabling awareness of yourself to hold all aspects of the space for client interaction while allowing them room to be himself/herself.
- **Experience & engagement with the present moment** - Learn to scan the internal and external environment, make meaning of the data collected, and to respond in ways that support the client's desired outcome.

This Workshop will be primarily experiential, with minimal theory, to facilitate practical application and skill development. Participants should come with an open mind and an interest in learning more about themselves through internal scanning and working with others.

**[REGISTER HERE](#)**



**DR. EDWARD MWELWA** has over 30 years' experience in leadership development and executive coaching. He has special interest in the application of Emotional Intelligence and Gestalt Theory to executive coaching, teams, leadership and followership, facilitation and large system change.



**DEB LANE** has 30+ years' experience studying, practicing and teaching the philosophy and psychology of human interaction and effective management while running a successful construction business. Deb specializes in helping individuals connect their head, heart and body in a way that transforms their dreams into action.